

**FRESNO-MADERA**  
EST. 1912  
**DENTAL SOCIETY**

Volume 61 Issue 1

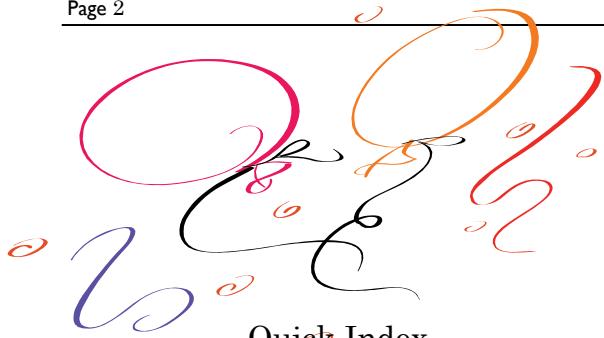
*100 YEARS*



*FRESNO-MADERA DENTAL  
SOCIETY will CELEBRATE THEIR  
100TH ANNIVERSARY*

*September 21, 2012*

*Save The Date*



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# Celebration Time, Oh Yea!!!

**The Fresno-Madera Dental Society is Giving Back.** This year we will commemorate our 100th year of service to our members and the community they serve. We are planning something very special for member dentists and their spouse or significant other. You won't want to miss this one! This will be a hosted event by FMDS—no charge to you. Save the Date: September 21. 2012.

## New Member Profile

It is with a good deal of pleasure that we welcome Dr. Scott David Schapansky back to Fresno and into the Fresno Madera Dental Society. Scott has a unique and interesting background which will serve him well in establishing himself back in our community.

Scott Grew up in Fresno and was a GATE student in the Fresno city school system. At age 14 he decided to become a dentist, and at age 23, achieved that goal. He graduated as a valedictorian from Bullard High School, where he participated in leadership programs, community service, Swimming and Water Polo. He was chosen as "Swimmer of the year" and served two years as his Swimming and water polo varsity captain, winning several city championships. He also is an Eagle Scout, and was selected for the UC Davis Young Scholars Program, publishing an original article.

Scott received the Presidents Scholarship to attend the University of the Pacific Six year "Fast Track" dental program. He completed his undergraduate studies in Stockton, and attended the University of the Pacific, Arthur A. Dugoni School of Dentistry in San Francisco where he received his Doctor of Dental Surgery Degree.

Scott chose to return to Fresno to become a partner in the dental corporation of Grabe, Schapansky, Moss, Julian and Asselin; where he continues to serve the practice his father started more than thirty years ago. In the short time he has been home he has participated in dental community events such as "Save or Smiles" and is in a Spear Education study club.

Outside of his dental practice, Scott loves to travel and adventure. This past summer, completing a backpacking trek through Central America and parts of South America. His past trips have been to explore countries in Asia, Africa, Europe and the middle East. He enjoys meeting the people of other cultures and exploring their way of life- expanding perspectives and understanding others. Highlights of these trips have been SCUBA diving the islands of Thailand, spear fishing throughout the Caribbean, hiking to visit Machu Picchu in Peru, camping in remote islands of Alaska, and Bunge jumping from Victoria Falls in Zambia.

Now that he is back in Fresno, most of his time is spent practicing dentistry, but he still finds time to garden, hike, fish, and renovate his aged historic house in Fig Garden. In addition, he swims with the Fresno Fig Garden Dolphins Masters aquatic program.

Scott, we are very happy that you came back to Fresno to practice your chosen Profession and become a part of our Society.



## CCDC Re-Cap in Photos, January, 2012 —Thanks to HIossen, Pure Life and Benco for helping to sponsor our event.



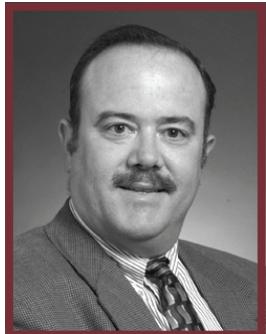
**Exhibitors were great. Attendees enjoyed the venue and course presentations.**

**Because the venue was the Clovis Veteran's Memorial Building, one couldn't help but notice the tribute to our troops.**

**When walking down the hall and coming unexpectedly upon this sculpture, you were presented with a very emotional moment. The text reads: "All Gave Some, Some Gave All."**

**Amazing!!**

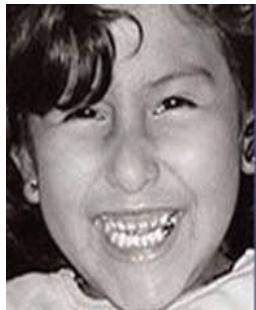
## In Recognition of Dr. Emilio Garcia and the Crowns for Kids Program



**A BIG THANK YOU to Dr. Emilio Garcia**, who through his donated cast off crowns and other precious metals to the "Crowns for Kids" program netted \$500 for the Fresno-Madera Dental Society's use in promoting and paying for dental treatment for our community's children. Just imagine how many more dollars could become available to FMDS if all of our members participated in this great program. The Sacramento Dental Society raised over \$10,000 through this program.

We would like to encourage everyone to hop on the band-wagon and become a part of a truly beneficial program. FMDS could use these funds to help with Team Smile, The S.O.S. Program, Give kids a Smile, or to even to donate to FMDS' Children's Fund established with the CDA Foundation. You can also deduct this donation on your Income Tax.

Crowns for Kids provides much needed dental treatment to children, who would otherwise slip through the cracks. Below is more information on this wonderful program, along with contact information. Again THANKS Dr. Garcia for participating. And now you can also participate, and **PAY IT FORWARD**.



## Crowns for Kids

Making metals very precious indeed



## H elp your community.

The metals used in crowns are precious for many reasons, especially when it comes to helping kids smile a little brighter. By donating those metals through Crowns for Kids, you'll help fund essential programs in your community.



It's easy to participate. Simply collect the crowns in the jar provided until you reach the "pick-up" mark, then give us a call. The CDA Foundation will arrange to collect the jar and provide a receipt for your donation. Funds will be pooled with other donations from your local dental society and used to make a difference for children in your community.

Get your collection jar. Call the CDA Foundation at: 800.232.7645 Ext. 5942

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## Refer A Colleague

Now when you refer a new member to CDA, you'll receive \$100\* or up to \$500 for five referrals! Simply share with your fellow dentists why you love being part of the 25,000 dentists who are working to make the profession stronger.

A copy of an application for membership is available from FMDS. Just call 438-7284 and we will send one out to you.. .

Of course we welcome all dentists, no matter how long they have been in practice, but to compete in the \$100 prize, the new member must be a full dues paying member, therefore having been in practice for four years or longer.

Growing membership. It's what happens when 25,000 dentists work together.

\* \$100 check issued to referring member once referral joins and pays required dues.

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Saturday, February 25, 2012 Recap in Photos.

**A big thanks to Dr. Gerald Pieroni for taking time out of his busy schedule to photograph this event for the Fresno-Madera Dental Society. Thanks Dr. Pieroni.**



## REMEMBER M.O.M.???

### CDA Cares in partnership with Missions of Mercy (M.O.M.)

**Modesto, May 18 & 19  
Modesto Center Plaza  
1000 L Street**

*CDA Cares free dental clinic set to reach underserved*

CDA Cares is a new event aimed at providing free dental care to Californians in need. The event is a collaborative effort among CDA, the CDA Foundation and the national charitable organization Missions of Mercy.

At the CDA Cares event, dental professionals will provide patients with free services such as cleanings, fillings, extractions, oral health education and assistance in finding a dental home.

The CDA Foundation, with the help of volunteer dental professionals and hundreds of lay volunteers, will produce the two-day event and rely on Missions of Mercy's national structure for expertise, equipment and data collection. All the necessary equipment — such as chairs, lights, vacuum systems, sterilization stations and setup — are provided by Missions of Mercy; and supplies are provided, often at little or no cost, by national dental manufacturers.

CDA Cares expects to provide services for more than 1,500 patients over the two-day event. CDA Cares aims to give dentists the freedom to provide care without having to worry about logistics, supplies or scheduling. And because of the way the event is coordinated, there will be no pressure on dentists to complete a certain amount of procedures in one setting.

Many dentists across California regularly provide pro bono care to the public (an estimated \$388 million in free services each year). That is significantly more than the state spent in fiscal year 2010-11 on adult Denti-Cal services (an estimated \$58 million) and close to the amount spent on children (approximately \$500 million).

State budget cuts eliminated most adult Denti-Cal benefits in 2009, devastating oral health services for more than 3 million poor, disabled and elderly Californians. In addition, the state eliminated school-based programs that provided dental disease prevention such as fluoride and sealants for low-income children – leaving California's underserved population with few or no options for their dental care.

CDA is recruiting volunteer dentists, dental hygienists, assistants, students, lab technicians, nurses, pharmacists, specialists including oral surgeons, and others who are willing to donate their time and services for CDA Cares. It is estimated that close to 100 dentists each day will be needed.

If patients need extractions, there will be a dental lab set up to provide patients with limited prostheses whenever possible.

The Oregon Dental Association sponsored a Missions of Mercy free dental clinic in November of 2010. Dental professionals provided care to more than 1,500 patients in need of oral health care services during the event.

FOR AN APPLILCATION TO VOLUNTEER GO TO: [www.cda.org](http://www.cda.org) and find the link on the left side of the screen that says:

"Volunteer for CDA Cares." You can also access this same information on the dental society website at: [www.fmds.com](http://www.fmds.com) under alerts.

I'll be there. Will you???

**DR. DAVID ALLEMAN WILL PRESENT TO THE  
FRESNO-MADERA DENTAL SOCIETY ON FRIDAY,  
APRIL 27. 2012 "BIOMIMETIC DENTISTRY".  
HOLIDAY INN AT THE AIRPORT 10:00—5:00 P.M.  
COURSE INFORMATION AND REGISTRATION IS AVAILABLE  
AT WWW.FMDS.COM OR CALL FMDS: 438-7284  
COURSE SPONSORED BY KURARAY**



Dr. David S. Alleman, DDS

**Biomimetic dentistry** utilizes minimally invasive procedures to protect and conserve a patient's teeth. This is in contrast to conventional dentistry procedures which can compromise the structure of teeth through extensive drilling and amputation. These invasive procedures used by traditional dentistry are usually followed by incorporation of non-bonding materials used for fillings and crowns, eventually resulting in cracks, allowing bacterial infections that destroy the tooth, and the subsequent need for root canals, implants and bridges. However, up to 90% of crowns can be avoided with early detection and preventive medicine procedures utilized in biomimetic dentistry.

**Biomimetics** is a scientifically proven set of techniques and methodologies that focus on preserving teeth and improving bonding and sealing of broken or decayed teeth in ways that mimic natural processes of teeth. This unique approach allows dentists to use small onlays that move, flex and function like actual teeth. This is in stark contrast to the large porcelain crowns currently used in traditional dentistry. Porcelain crowns restrict movement and simply do not allow teeth to function normally.

The superior materials and adhesive bonding processes used in biomimetic dentistry literally lock out bacteria, providing safer and more durable dental work. Each protective layer, using the most advanced dental materials, is applied in similar manner to the original enamel and dentin materials that comprise teeth (refer to Anatomy of a Tooth).

The goal of biomimetic dentistry is to continually preserve the patient's teeth during each dental procedure. These innovative dental procedures and proprietary adhesive bonding processes (using state-of-the-art composite resins, ceramics/porcelain, and other materials) restore teeth to their natural structure and color. Aesthetic procedures and computer-aided design (CAD) and manufacturing (CAM) are utilized to provide beautiful white uniform teeth.

Unlike other parts of our body, our teeth often do not mend on their own. This is why it is important to protect and conserve as much of the patient's natural tooth and gum structure as possible. The most successful dentistry is comprised of procedures that are the least invasive, thus avoiding further damage to the patient's teeth and gums. This is the philosophy and primary emphasis behind the origin of biomimetic dentistry and holistic approaches for keeping the patient's teeth and gums healthy and beautiful.

## SLEEP APNEA—Opinion Piece

Michael Simons' view; and TDIC's position.

Sleep Disordered Breathing was a hot topic at the 2011 House of Delegates which led to the following CDA policy on Sleep Disordered Breathing:

- ♦ It is appropriate for dentists to screen patients for signs and symptoms of sleep disordered breathing and to work with physicians to diagnose and treat sleep disordered breathing;
- ♦ CDA supports increased awareness and the education of dental and medical professionals on appropriate involvement in the screening, diagnosis and treatment of sleep disordered breathing; and
- ♦ CDA supports efforts at the federal and state levels to ensure dentists are recognized members of the health care team managing sleep disordered breathing, and to ensure that patients' health care benefits are maintained regardless of whether a dentist or physician provides patient care.

To that end, Dr. Weldon Schapansky, founder of the Central California Sleep Center, wrote an article to educate the general public published in January's, 2012 Fresno magazine. We are reprinting it in part here:

### **THE SLEEP APNEA CRISIS**

by Weldon Schapansky, DDS

"...Obstructive sleep apnea is one of the 84 classified sleep disorders, but it is by far the most common one, affecting about 20% of our adult population. Obstructive sleep apnea (OSA) is an evolutionary, genetic problem, dealing primarily with the anatomy and function of our pharynx and tongue. It is a physical problem and cannot be treated with medication."

He went on to describe in simplest terms, how the collapse of the airway can lead to hypoxia which can produce symptoms such as tiredness, forgetfulness, headaches, dementia, early Alzheimer's, and depression. Sleep apnea and snoring are also associated with diabetes, high blood pressure, strokes, and heart attacks as well as other major problems such as snoring, workplace productivity, and vehicular accidents.

Dr. Schapansky's article was timely in light of the fact that the February issue of the CDA Journal was devoted to this same topic. Somnology 101: A Primer on Sleep Disorders, Their Impact on Society, and a Role for Dentistry, authored by Dr. Michael Simmons, a long time advocate for dentistry's role in screening for sleep apnea.

Dr. Simmons article leaves no doubt as to the magnitude of problems associated with sleep disorders. He states: "Sleep is a much overlooked aspect of health and requires more focused attention by health professionals. Dentists could actively engage their patients in the topic of sleep, employ sleep health questionnaires, view the upper airway and ask questions to better help serve their patient's health."

**CDA's Policy; Drs. Weldon Schapansky and**

In conclusion he writes:

### **LEARN TO LOOK AND LOOK TO LEARN**

**"Dentists should incorporate active viewing of the mouth not only for decay and periodontal disease but also to rule out the life-threatening issues such as lesions and airway crowding. By visualizing the upper airway, the dental team can learn about the patient's potential difficulty with Sleep Disorder Breathing.**

**A few questions can open the conversation to further discovery. It is only with such unified focus that dentistry can significantly impact our epidemic of sleep disorders. It is therefore incumbent on dentists as health care professionals, positioned as sentries to the gateway of the upper airway, to keep a look out for potential problems. This is good for the patients we serve and it promotes the field of dentistry."**

Dentists typically become involved in treating a patient who suffers from sleep apnea in two ways. A patient may report that he or she snores, wakes up tired in the morning or is tired all day. Or, a patient may present with a prescription from his or her physician for a dental device designed to treat sleep apnea. In either event, it is good risk management to consult with the patient's physician to determine or confirm the diagnosis. For the patients who complain of symptoms that are consistent with an apnea problem, refer them to a physician, as there may be other medical problems to be diagnosed and treated. After a diagnosis of sleep apnea and the accompanying treatment plan have been established, the physician and dentist can work together to effectively treat the patient's sleep disorder. The patient's chart should reflect the collaboration between the dentist and the physician. Consider sending a letter confirming your telephone conversations with the patient's physician.

While TDIC claims experience does not show any claims filed against dentists for failure to diagnose or negligently treat sleep apnea, many dentists have asked whether TDIC will cover them if they treat patients for sleep apnea. The answer depends on whether fabricating an appliance for sleep apnea is within the scope of dentistry in your state. Look to your dental practice act and/or state dental board for its position on dentists treating patients with sleep apnea devices.

In California if prescribed by a physician, it is within the scope of dentistry for the dentist to fabricate a device for sleep apnea.

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— Dr. Luis Castillo, Fresno, CA

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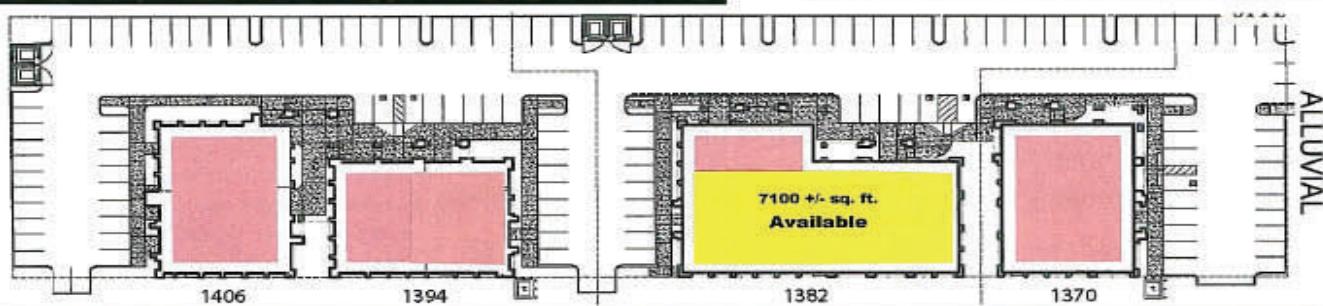
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