



# Newsletter

Volume 61, Issue 3



## ***The Meaning to the Thirteen Folds of the Flag—As printed and posted in the Clovis Veterans' Memorial Building.***

Did you know that at military funerals, the 21 gun salute stands for the sum of the numbers in the year 1776?

Have you ever noticed how the honor guard pays meticulous attention to correctly folding the American Flag 13 times? You probably thought it was to symbolize the original 13 colonies, but we learn something new every day.

The 1st fold of our flag is a symbol of life.

The 2nd fold is a symbol of our belief in eternal life.

The 3rd fold is made in honor and remembrance of the veterans departing our ranks who gave a portion of their lives for the defense of our country to attain peace throughout the world.

The 4th fold represents our weaker nature, for as American citizens trusting in God, it is to Him we turn in times of peace as well as in time of war for His divine guidance.

The 5th fold is a tribute to our country, for in the words of Stephen Decaur, "Our Country, in dealing with other countries, may she always be right; but it is still our country, right or wrong."

The 6th fold is for where our hearts lie. It is with our heart that we pledge allegiance to the flag of the United States of America, and to the republic for which it stands, on Nation under God, Indivisible, with Liberty and Justice for all.

The 7th fold is a tribute to our Armed Forces, for it is through the Armed Forces that we protect our country and our flag against all her enemies, whether they be found within or without the boundaries of our republic.

The 8th fold is a tribute to the one who entered into the valley of the shadow of death, that we might see the light of day.

The 9th fold is a tribute to womanhood, and mothers. For it has been through their faith, their love, loyalty and devotion that the character of the men and women who have made this country great has been molded.

The 10th fold is a tribute to the father, for he, too, has given his sons and daughters for defense of our country since they were first born.

The 12th fold represents an emblem of eternity and glorifies, in the Christians' eyes, God the Father, the Son, and Holy Spirit.

The 13th fold, or when the flag is completely folded, the stars are uppermost reminding us of our nations motto, "In God we Trust."

## **SALVATION ARMY FOOD DRIVE !!!!!**



**Let's help fight hunger together** through the month of June. You can participate by having food donations dropped off at your address. Easy and non-disruptive to your practice., Dr. Leisle is encouraging others to volunteer their office site as a drop-off point..

For now you can drop off (Non-Perishable items only):

### **Monday through Wednesday**

8:30 a.m.—5:00 p.m.

### **Thursday**

8:00 a.m. to 3 p.m.

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**To volunteer your office as a drop-off site, call the society office at 438-7284.**

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### Upcoming Meetings (Can be accessed on FMDS.com website under the Calendar tab.)

September 9-11 CDA Presents San Francisco  
Summer Break for General Meetngs (June through August)

FMDS Summer CCDC -  
September 16—Dr. Okeson presenting “*Occlusion, Joint Stability and Temporomandibular Disorders*”

### **DO YOU REMEMBER???**

The Pledge of Allegiance,  
hand over heart?  
The National Anthem  
at the baseball park?

Boys serving our Country,  
so brave and so proud?  
Church-goers praising  
in voices so loud?

Where is our homeland  
with children playing?  
What are they learning?  
Certainly not praying.

Pity the children.  
No one's at home,  
to hear their triumphs.  
They're home all alone.

The future is bleak,  
and I hope that I'm wrong  
but I think that we've lost,  
to those voices most strong

They've killed our patriotism.  
They're killing our prayers.  
And now—children are killing,  
cause nobody cares.

By Valjean Xaiz-Jury ©  
(Just my opinion and observations)

**The Mission of the Fresno-Madera Dental Society is to Serve the Professional Needs of Its Members and Assist Them in Enhancing the Oral Health of The Community.**

## Sept. 16, 2011 Central California Summer Dental Conference CCDC

A presentation of the Fresno-Madera Dental Society  
Meeting Place: Clovis Veteran's Memorial Building  
453 Hughes Street, Clovis 93612  
(559) 299-0471

**Course fees include a continental breakfast and lunch.**

**Friday – full day courses, September 16, 2011.** This year's CCDC includes Dr. Jeffrey Okeson as the Keynote speaker. 3M ESPE sponsored the following courses: Gretchen Guender, for the dental hygienist, and a three-fold presentation for the dental auxiliary with speakers: Vicki Svoboda, Chris Lambert and Michelle Allen.



### COURSE 101

#### **FOR THE DENTIST:** \*\*Friday September 16, Presentation

**8:00 a.m. – 4:00 p.m. Dr. Jeffrey Okeson presenting "Occlusion, Joint Stability and Temporomandibular Disorder"**

**(8 C.E.U.'s, Cat. I) – Auditorium**

Dr. Okeson's course will include, but is not limited to:

- Identification of pain disorders that will likely respond to therapy from those that will not.
- The relationship between occlusion, bruxism and temporomandibular disorders.
- The most favorable condylar position for restorative dentistry and why this presents controversy.
- Differentiation of cases requiring orthodontic or restorative procedures from those that don't.
- When it is appropriate to consider surgical therapy for a patient.
- Which headaches are best managed in the dental office and how to successfully treat them.
- The appropriate use of occlusal appliance therapy.

Dr. Okeson is a 1972 graduate of the University of Kentucky College of Dentistry. After graduation he completed two years with the Public Health Service in rotating dental internship and with directing the outpatient clinic. He joined the faculty in 1972 and presently is Professor, Chair of the Department of Oral Health Science, and Director of the Orofacial Pain Center which he established in 1977.

### COURSE 102

#### **FOR THE DENTAL HYGIENIST – Sponsored by 3M ESPE**

**8:15 a. – 4:15 p.m. Gretchen Guender presenting: "Prevention**

**Taking preventive measures to protect tomorrow's smiles." 8 C.E.U.'s Cat. I – Ballroom.**

Ms. Guender's course will:

- Review the caries disease process, caries risk factors; identifying risks, treatment options, written protocols, dialog and insurance codes.
- Provide an update on current recommendations from CAMBRA (Caries Management by Risk Assessment) the ADA and other professional organizations.
- Provide the tools that will give your patient the best chance for success to fight dental decay and arrest periodontal disease.
- Provide a new inexpensive & consistently effective treatment protocol for sensitivity that provides both immediate and long term relief for your patients.

Ms. Guender has over 9 years in the dental industry focusing specifically on the prevention of diseases of the teeth and gums. Her career is dedicated to the education of oral health-care providers about risk assessment for caries and periodontitis as well as treatment modalities and how to prevent them by using in-office and take home fluoride therapeutics and antimicrobials.

### COURSE 103

#### **FOR THE DENTAL ASSISTANT – Sponsored by 3M ESPE 2 hour Rotations**

**(Each class is Limited to 50 participants) 8 C.E.U.'s Cat. I 8:30 a.m. – 4:30 p.m.**

**Independence Rooms A and B and the Freedom Room**

#### **103-A      "Impression Trouble Shooting". Speaker Vicki Svoboda – Independence Room A**

- Taking the mystery out of what causes defects outlining the pitfalls & essential techniques to get consistent, accurate final impressions. Included will be a brief overview of current impression materials, VPS vs. Polyether & how to overcome challenges they can create.

#### **103-B      "Advanced Provisionals – Temporization Hands-on Workshop" Speaker Chris Lambert Independence Room B**

- Improving provisional Techniques
- Review of current and latest materials
- Use of the new revolutionary pre-formed crowns by 3M ESPE
- And much more!

**First 50 to sign up will begin with class 103-A. Next 50, class 103-B and third 50, class 103C. Rotations will take place at the end of each 2 hour session until participants have completed all three courses..**

#### **103-C      "Prevention"- Speaker Michelle Allen – Freedom Room**

- Review CAMBRA and ADA guidelines for fluoride treatments including fluoride varnishes
- Review of the caries disease process, identifying risk factors, treatment options, written protocols, patient dialog and insurance codes.
- Hypersensitivity: In office and at-home treatment strategies
- The benefits of fluorides, calcium phosphates and other ingredients & products
- How to set up a preventive program that generates revenue as well as health for patients

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## Remembering Dr. Armen Michaelian



Armen, beloved husband, father, grandfather, uncle, brother and friend passed away on May 31, 2011. Armen was a superb dentist and gave of his craft to the community of Fresno for more than 45 years. His success in his profession enabled him to raise the five most important people in his life, daughters, Wendy and Mandy; and sons, Joshua, Jonah and Aaron. He loved his children deeply and unconditionally and adored their mother, his wife of 44 years, Phyllis Ann. Armen "Coach", "Daz", "D" loved the Steelers, annual family vacations in Santa Cruz and his dogs. He was a self-proclaimed WWII historian, art critic and interior designer. In addition to his wife and children; Armen is survived by grandchildren, Jordan, Arika, Gianna, Lila, Jack and Ruby; his big brother, Robert; daughter-in-law, Sara; and son-in-law, Robert.

Calls to the dental society office offered personal stories about Armen Michaelian portraying him as a good dentist, good friend and a good man. We will all miss his presence.

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## FRESNO-MADERA DENTAL SOCIETY – AVAILABLE BOARD POSITIONS FOR 2012

The Fresno-Madera Dental Society Bylaws read: Section 3 – Any qualified member in good standing for a period of at least one year, may be nominated for any of the [available] positions ...

In the past the Dental Society had a nominating committee which was responsible for nominating members to serve on the Dental Society Board. However with this process, some of you may have felt forgotten or left out when not asked to serve. In an effort to attract as many of our interested members as possible to participate, I am asking you to respond to this memo, and to help make your Dental Society what you want it to be.

Please let me know if you are interested in being nominated for any of the following positions on the Dental Society Board. Voting will take place in the Fall, with your term beginning the following year in January, 2012. Board director is a two year commitment, but does not necessarily mean that you will "go up the chairs" to assume the position of president. If elected to the position of Secretary or Treasurer, it is assumed that you will advance to the position of president.

Positions available for the year 2012:

- Secretary: Duties include attending monthly board meetings and recording the minute such. The secretary is also responsible for working with the treasurer on all budgetary matters, setting-up our annual practice management course, being actively involved in activities of the Executive Committee and taking care of occasional correspondence. Secretary is also an alternate delegate to the House of Delegates.
- Initial Term Director: A board position open to any candidate who has never held a board position and has been a member in good standing for one year. This is a two year commitment, with an obligation to attend monthly board meetings.
- Director at Large: Open to any member who has already served on the Board. This is a two year commitment, and carries an obligation to attend monthly board meetings.

Please check the positions that you are interested in and return to Dawn or Val by mail to the Fresno-Madera Dental Society, 371 E. Bullard, Suite 120, Fresno, CA. 93710, Attention: Val or Dawn. Please respond by July 30, 2011. If you want to be involved in your dental society Board activities, we have a place for you.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone No.: \_\_\_\_\_



## DENTAL PRACTICE ACT Business & Professions Code

### § 732. REFUND OF A DUPLICATE PAYMENT

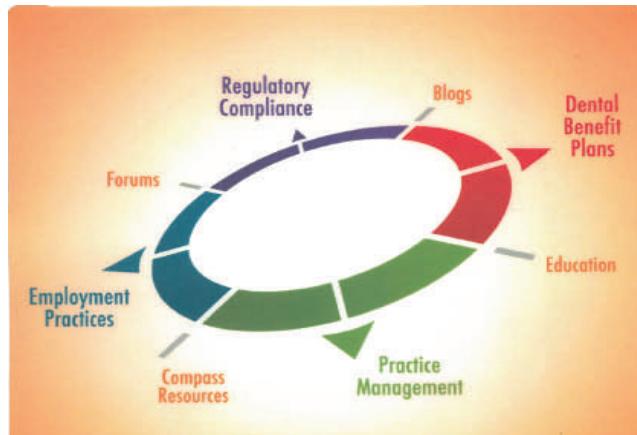
(a) A physician and surgeon and a dentist shall refund any amount that a patient has paid for services rendered that has subsequently been paid to the physician and surgeon or dentist by a third-party payer and that constitutes a duplicate payment.

**The refund shall be made as follows:**

- (1) If the patient requests a refund, within 30 days following the request from that patient for a refund if the duplicate payment has been received, or within 30 days of receipt of the duplicate payment if the duplicate payment has not been received.
- (2) If the patient does not request a refund, within 90 days of the date the physician and surgeon or dentist knows, or should have known, of the receipt of the duplicate payment, the physician and surgeon or dentist shall notify the patient of the duplicate payment, and the duplicate payment shall be refunded within 30 days unless the patient requests that a credit balance be retained.

(b) Violation of this section shall constitute unprofessional conduct. Disciplinary proceedings shall be conducted in accordance with the Medical Practice Act (Chapter 5 (commencing with Section 2000)) or the Dental Practice Act (Chapter 4 (commencing with Section 1600)), as applicable.

*You can order a complete copy of the DENTAL PRACTICE ACT from the Dental Board of California, (916) 263-2300—or by going to [www.dbc.ca.gov](http://www.dbc.ca.gov) and clicking on the link to order online located 1/2 down on the front page.*



**Blog written by Greg Alterton  
For answers to many of your questions go to [www.cdacompass.com](http://www.cdacompass.com)**

Over the course of the first half of this year, we've received numerous calls from dentists about Delta's fees for its Premier product. We were notified some months ago that Delta Premier fees have been frozen, that no general increases will be provided this year.

We have asked Delta to send a letter to network providers formally announcing the fee freeze, and to explain the reason for it. While we've been told that a letter has been drafted, it has yet to be approved for mailing to contracted dentists.

In regard to fees paid by dental plans, nothing in law requires health plans to increase fees annually; the state agencies regulating health insurers have no rules defining what constitutes adequate fees; the Legislature has been loathe to regulate health insurance fees. With a market that has been depressed because of what is now a three-going-on-four-year softness in the economy, everyone's being squeezed: employers in terms of overall health care costs; employees in terms of increased cost-share such as copayments; plans in terms of trying to keep benefit products at a price that employers are willing to pay to keep dental benefits for their employees; providers in terms of what we're talking about: stagnant reimbursement schedules. We can't force plans to pay more. Especially in this economy.

As an alternative, CDA is considering ways to help dentists assess what their practices need to determine how to live with the fees of the plans they're contracted with pay, or help dentists determine which plans they're contracted with will enable them to achieve their production needs. Toward this end, CDA sponsored a three-hour lecture at CDA Presents in Anaheim to provide information on how to assess chair production in the dental practice; how to assess what sort of production is needed in order to meet and hopefully exceed expenses; and how to determine if participation in a particular dental plan as a contracted provider meets that needed production. That lecture will be repeated at CDA Presents in San Francisco this September.

Despite Delta's overall freeze on Premier fees this year, we've been told that Delta will consider adjustments to specific procedures that were set unrealistically low in past years. Also, dentists who have not filed an annual fee update with Delta in a few years may have fallen behind the allowable fees in their area, and submission of fees will be able to obtain fee increases to bring fees up to the accepted allowances in your market area. If either circumstance applies, you should contact Delta's fee listing department to pursue the possibility of raising fees based on these allowances.

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## CCDC—JANUARY 19 AND 20, 2012

*SAVE THE DATE!!!!*

**T**hursday, January 19, 2012—Radisson Hotel and Conference Center Diane Morgan-Arns will offer a 4 unit C.E. course in Infection Control and an OSHA Update for the entire dental team.

Friday will offer a full day course with Dr. Michael Melkers speaking to “Communication, the first Step, Treatment Planning based on the treatment goals the patient communicate to us and Occlusion—bringing the pieces together for treatment success and longevity.”

The fundamental concepts will be explored as well as actual case applications as the concepts of communication, treatment planning and occlusion are all blended together creating restorative success.

Courses for the D.A., RDA and Hygienist are also in the planning stages. Be sure to save the date for this two-fold meeting agenda.

**T**he Survey Monkey has been sent to your e-mail in-box utilizing an “[Info@FMDS.com](mailto:Info@FMDS.com)” return address unique to the dental society. The questions being asked will help us determine the course topics, and course speakers, you would like to have present to



**you in 2012. Please help us make these determinations by completing the 5 minute survey and returning it to**



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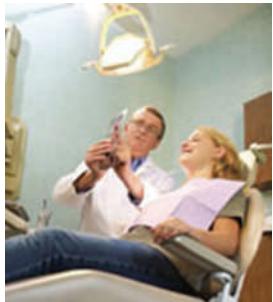
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Preventive dental cleanings and annual exams during pregnancy are not only safe, but are recommended. The rise in hormone levels during pregnancy causes the gums to swell, bleed, and trap food causing increased irritation to the gums. Preventive dental work is essential to avoid oral infections such as gum disease, which has been linked to preterm birth.

## What about other regular dental work during pregnancy?

Dental work such as cavity fillings and crowns should be treated to reduce the chance of infection. If dental work is done during pregnancy, the second trimester is ideal. Once the third trimester is reached, it may be very difficult to lie on your back for an extended period of time.

The safest course of action is to postpone all unnecessary dental work until after the birth. However, sometimes emergency dental work such as a root canal or tooth extraction is necessary.

Elective treatments, such as teeth whitening and other cosmetic procedures, should be postponed until after the birth. It is best to avoid exposing the developing baby to any risks, even if they are minimal.

## What about medications used in dental work during pregnancy?

Currently, there are conflicting studies about possible adverse effects on the developing baby from medications used during dental work. Lidocaine is the most commonly used drug for dental work. Lidocaine (**Category B**) does cross the placenta after administration.

If dental work is needed, the amount of anesthesia administered should be as little as possible, but still enough to make the patient comfortable. If the patient is experiencing pain, provide additional numbing. When the patient is comfortable, the amount of stress on her and her baby is reduced. Also, the more comfortable she is, the easier it is for the anesthesia to work.

Dental work often requires antibiotics to prevent or treat infections. Antibiotics such as penicillin, amoxicillin, and clindamycin, which are labeled **category B** for safety in pregnancy, may be prescribed after your procedure.

## What about x-rays used in dental work during pregnancy?

Routine x-rays, usually taken during annual exams, can usually be postponed until after the birth. X-rays are necessary to perform many dental procedures, especially emergencies. According to the American College of Radiology, no single diagnostic x-ray has a radiation dose significant enough to cause adverse effects in a developing embryo or fetus.

Fetal organ development occurs during the first trimester; it is best to avoid all potential risks at this time if possible. If non-emergency dental work is needed during the third trimester, it is usually postponed until after the birth.



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Get your collection jar. Call the CDA Foundation at: 800.232.7645 Ext. 5942



**FRESNO-MADERA DENTAL SOCIETY**

-EST. 1912-

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